## **SPORTS & FITNESS**

The Branch School

JUNIOR ATHLETES

Questions: Coach Josh (832) 498-3252 coachjosh@juniorathletes.net

The Junior Athletes program is designed to allow students to experience a wide range of activities. Sports based lessons (Soccer, Basketball, Baseball, Football, Tennis etc.) along with fun fitness activities (Obstacle Course, Bowling, Scooter boards, Relay races, Hula Hoops, etc) will be introduced throughout each semester. Younger students will be introduced to the basics. Proper movement form, appropriate group behavior and very simple games are taught throughout the year. Older Students will be challenged with more advanced skills and drills. Both groups will practice cooperation, sportsmanship, and teamwork, it is important that students experience success while learning. We will work to instill into each student the skills and confidence needed to succeed.



st Payments will be processed through your FACTS account st



Spring Session

Jan - May Thursdays: \$280 (includes a \$30 registration fee)

## **THURSDAYS:** PS/PK: 2:45 - 3:15

Kin - 1st: 3:15 - 4:00 2nd - 4th: 4:00 - 4:40

Parent Name Phone #	6-51
Mailing Address	C.S.
Email	1
Payment Amount Date V	19
Signature Child's B-day	4 3.

I authorize Junior Athletes to instruct my child in physical fitness classes. I understand that the program is a physical exercise class and vigorous activity is involved. It is my responsibility to dress my child appropriately and inform the staff of Junior Athletes of any health problems my child is experiencing.